



St Francis of Assisi College - Term 2 Week 8 - 2023

Important Dates

College Board Meeting

Wednesday 28 June 2023

Year 8 Outdoor Education Camp

Wednesday 28 June 2023

Year 8 Outdoor Education Camp

Thursday 29 June 2023

Year 8 Outdoor Education Camp

Friday 30 June 2023

Parish and College Mass

Friday 30 June 2023

Student Cyber Safety Session with Susan McClean

Monday 3 July 2023

Olympics Unleashed Visit

Tuesday 4 July 2023

Whole School Assembly

Friday 7 July 2023

Semester One Reports on SEQTA

Friday 7 July 2023

Early Finish - 2:15pm Last Day of Term 2

Friday 7 July 2023

REMEMBER If you are reading this newsletter from your email don't forget to click 'read more' to expand your view and access all of our feature photos!

Acknowledgement of Country

We acknowledge that we meet today on Meru Country, and recognise the Erawirung and Ngintait peoples as the Traditional Custodians of this land. We recognise their continuing connection to the earth and waters, and thank them for protecting this land and its ecosystems since time immemorial. We pay our respects to Elders past, present, and emerging and extend that respect to all First Nation peoples present here today.



From the Principal

An Excellent Catholic Education: The St Francis of Assisi College School Culture

As a staff team, we regularly re-visit, and re-enforce the development of our collaborative, professional learning-based school culture.

The 'true-north' of our school culture, is a student-centred faith based Catholic education, with a focus on our school community. As a staff team, this means continually challenging what we do and why, and whether it adds value to our students. The student-centred mindset is about making a difference and focusing on what it means for our students and our families.

At a recent staff professional learning meeting, I re-visited our school culture with a focus on the relentless pursuit of excellence, and what that means from an individual perspective. That is, a daily focus on being the best we can at all we do, not trying to be perfect. In many respects this is not complicated, however it does take a sense of discipline from all team members to maintain a daily focus on our everyday standards, practical examples of this include keeping high quality learning and teaching at the core, consistency with our school policies and procedures, our daily interactions with colleagues and students.

As our school community grows, and the initiative and opportunities grow also, it will be this relentless focus on daily high standards to enable the overall success of all we do, keeping our students at the centre.

Refugee Week 2023 - Finding Freedom

This week we celebrate National Refugee Week. To live without the fear of war, to have your basic human rights upheld, to live in equality and without the fear of persecution are just some of the examples of what freedom can entail. Everyday millions of people across the world embark on dangerous journeys for the sole purpose of finding safety and freedom. From Australia to nations across the globe, settling into a new environment after experiencing the perils of a refugee's journey can also provide the opportunity to live, to love

and to dream.

Refugee Week raises awareness of the issues affecting refugees. The theme aims to highlight aspects of the refugee experience and help the broader community to understand what it is like to be a refugee. It also helps to make Refugee Week a national celebration, providing a focal point for events across Australia, uniting separate activities into a single nationwide celebration.

In such a way, Refugee Week unites individuals, communities, and organisations from many different backgrounds behind a common cause. The common theme is a reminder that, regardless of our differences, we all share a common humanity.

In 2023, we are encouraged to reflect on the journey of finding freedom, whether it be through a new home, a new career, finding love or friendships. Let us show compassion and celebrate the resilience that makes up parts of our wider community. For freedom should not be an ask, it should be a way of life.

2024 Enrolment of Students

I am very pleased to see that the College is experiencing significant demand in relation to enrolments. Current projections indicate our two year 7 classes will fill to capacity by mid-2023 and parents planning to enrol their child are encouraged to do as soon as possible.

To assist with our medium and long-term planning I encourage parents to lodge an enrolment form with the school as soon as they have decided to enrol their child at the school.

There remain places for enrolment open in years 8, 9 and 10 for 2024.

Should you wish to discuss this further please contact our College Registrar, Claire Smith (phone 8595 4500, or email claire.smith@assisi.catholic.edu.au).

Nathan Hayes, Principal

Leader of Learning

Semester Reports

Semester 1 reports for your child will be available Friday 7 July on SEQTA Engage. This report will provide an overall achievement grade based on the Australian Curriculum and an indication of your child's work habits. The College will not print and issue reports at the end of a semester unless a request is made to the school. Instead, student reports are uploaded to SEQTA. By accessing the Reports page, you will see your child's report. Clicking on a Report icon will display a pdf record that you can download, view, save and print. Your PC or mobile device will need to be equipped with a pdf reader for you to be able to access your child's reports. New reports will be added to the archive at the conclusion of each reporting cycle.

AI and Academic Integrity

In today's digital age, we are witnessing incredible advancements in technology that are shaping various aspects of our lives, including education. Artificial Intelligence (AI) tools have become increasingly prevalent in academic settings, offering new possibilities for learning, research, and productivity. However, with these exciting opportunities come significant challenges, particularly when it comes to maintaining academic integrity.

Integrity is one of St Francis of Assisi College's core values, therefore it is important as a community we actively address the challenges posed by AI tools and foster a culture of academic integrity, by providing a learning environment that encourages student to embrace ethical practices and take ownership of their learning. Academic integrity encompasses principles of honesty, fairness, and the ethical use of information. It promotes the development of critical thinking skills and the cultivation of intellectual curiosity.

One of the main issues with AI tools is the potential for plagiarism. Plagiarism is the act of presenting someone else's work or ideas as one's own, and it undermines the integrity of academic pursuits. Students may be tempted to use these tools to generate essays or assignments, presenting the work as their own without proper attribution. This behavior is not acceptable as it not only undermines the educational process but also hinders personal growth and development.

The unethical use of AI tools includes:

- Plagiarism – using AI-generated content without proper citation or presenting AI generated work as your own. This is the same as taking a definition from Google.
- Assignment outsourcing – using AI to create assignments, essays or projects without any personal input or understanding. This

undermines the learning process. This is same as a tutor or parent creating your work and claiming it as your own.

- Misrepresenting abilities – using AI to complete tasks that are beyond your understanding and presenting the results as your own. This is same as copying someone’s assessment and slightly changing it to look different.
- Improper Referencing Checking – using AI to source references without checking the validity of the information and relevance. This is the same as using Wikipedia.

It is important that together we provide students with appropriate education and awareness by providing students with clear guidelines and discussions on academic integrity, plagiarism, and the responsible use of AI tools. Together, we need to help students understand the consequences of dishonesty and the long-term benefits of genuine learning, to ensure that education at St Francis of Assisi College remains a meaningful and authentic experience.

Natalie Meuret, Leader of Learning

College Community Wellbeing

Student Transitions

In week 7, we welcomed nearly forty Year 6 students from St Joseph’s School, Renmark for their first Immersion Day. The students were well-hosted by our student leaders and engaged in Science, PE, and Digital Technology lessons.

We look forward to our final Immersion Days in Term 3!

<i>School</i>	<i>Term 3</i>
<i>OLOR</i>	3 rd August (Week 2)
<i>St Jo Barmera</i>	10 th August (Week 3)
<i>St Albert’s</i>	17 th August (Week 4)
<i>St Jo Renmark</i>	24 th August (Week 5)

If your child is enrolled at a non-Catholic school, please contact the College on (08) 8585 4500 or via email info@assisi.catholic.edu.au

Wellness Hub



Upcoming sessions

Friday June 30th – Positive Body Image hosted by Holly Ranson (Mind, Body and Bowl Health Coaching – Dietician)

Join local dietitian Holly to discover how to build and maintain a positive body image. We will talk about what body image is and why it is important to young people. We'll look at what shapes our body image and how we can control these influences. And most importantly, we'll learn how to develop a more positive relationship with our bodies and how to support others when they are having a bad body day.

Bring your phone or laptop to participate in online games and quizzes.

You are guaranteed to leave feeling more comfortable in your own skin!

Students can register here: <https://forms.office.com/r/5xP9QUbaTm>

Student Leadership Council

St Vinnie's Winter Appeal: Walk-a-thon

What a fantastic morning we had raising awareness and funds for the St Vincent de Paul Society! Thank you to all students and family members who participated in what we hope will grow bigger and better each year!

Special mentions to the below students who exceeded expectations with their lap contributions!

Top 3 Most Laps: 54 - Seb (I), 47- Samuel W (T) and Brodie H (I), 46 - Kaiden (T).

Most Laps per House

Ventus	Aqua	Terra	Ignis
38 - Hamish P	42 - Louis	47- Samuel W	54 - Seb
37 - Tejdeep & Campbell	35 - Soren	46 - Kaiden	47 - Brodie H
35 - Phoenix	32 - Archie	40 - Reece & Ethan T	38 - Armaan

Monetary donations from sponsorships are due by next Friday 30th June. All monetary donations are to be handed to home group teachers in a labelled and sealed envelope along with their sponsorship forms.

Thank you to all students and families who have already donated large amounts of food and items that provide warmth! We are accepting donations until Wednesday July 5th. Donations can include:

- non-perishable food items
- warm clothing
- rugs
- sleeping bags

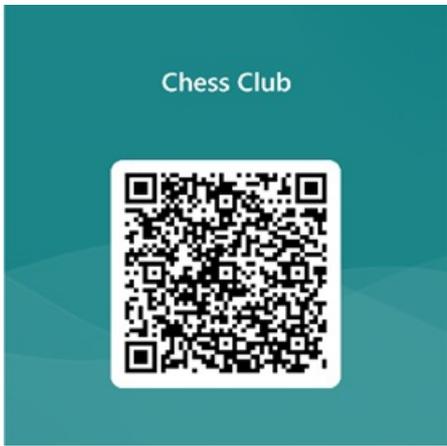
Students can donate non-perishable items (e.g. soup cans, soup packets, spaghetti, baked beans, pasta, rice etc.) and warm rugs, sleeping bags etc. for the St. Vincent de Paul Winter Appeal. We are accepting donations until Wednesday 5 July.



Laudato Si' Action Group

Laudato Si' Action Group

The Laudato Si Action Group are seeking to gauge interest for a Chess Club. If you would like a Chess Club at the College, please complete the form using the QR code below or click here: [Chess Club Form](#)



Laudato Si' Action Group	
Bookmark Creek	Peer Support
Inclusion and Diversity	Arts Development
Student Clubs	Community Outreach

Wellbeing Focus Article

How do anxiety & depression arise?

Welcome to Part Two of Open Parachute's series on Anxiety & Depression in teenagers. This week focuses on how we as adults and parents can reflect upon and identify our own anxious and depressive patterns.

You can access a video and reflections via the below link.

[Open Parachute \(openparachuteschools.com\)](http://openparachuteschools.com)

Just enter in your email address to log in for free and select 'Parent Resources'. Navigate to the 'Teenager' tab and view the fifth lesson.

When teenagers can see that anxiety and depression are normal patterns that we all fall into to varying degrees throughout our lives, they feel safe to look at these patterns in themselves.

Reflect on your own anxious and depressive patterns:

- What negative thoughts come up for you when you are down or stressed?
- What unhelpful patterns do you fall into?
- What often triggers these patterns?
- What helps you come out of these patterns?

Share as much of these patterns with your teen as you feel comfortable sharing. The goal is to create a normal conversation about our human vulnerabilities so that they don't fear these patterns in themselves.

If this has raised any concerns for you or your child, you can contact LifeLine on 13 11 14.

At St Francis of Assisi College, we have a well-rounded Wellbeing team with broader access to professional support. Please get in touch with Mr. Luke Cotter (Leader of Wellbeing) if you wish to seek support for your child.

Wellbeing Webinars

In exciting news, we have partnered with Wellio this year to support student wellbeing through the delivery of lessons in Pastoral Care.

Wellio helps students proactively improve their mental wellbeing using research-backed habits and techniques. Their programme supports students in improving their sleep, managing social media use, building healthy relationships, improving physical well-being, and reducing anxiety.

Alongside their work with students, Wellio will be delivering a webinar each term to parents. The upcoming webinar next term is titled "Phone Addiction & Social Media". Drawing on the latest psychological science, this webinar helps you guide your child to better habits and beat back phone addiction.

If you would like to attend, you can register here: https://www.wellioeducation.com/en_au/webinars.

Wellio will record the event, so please register if you can't attend but want access to the recording.

"Let go of who you think you're supposed to be and embrace who you are."

– Brene Brown

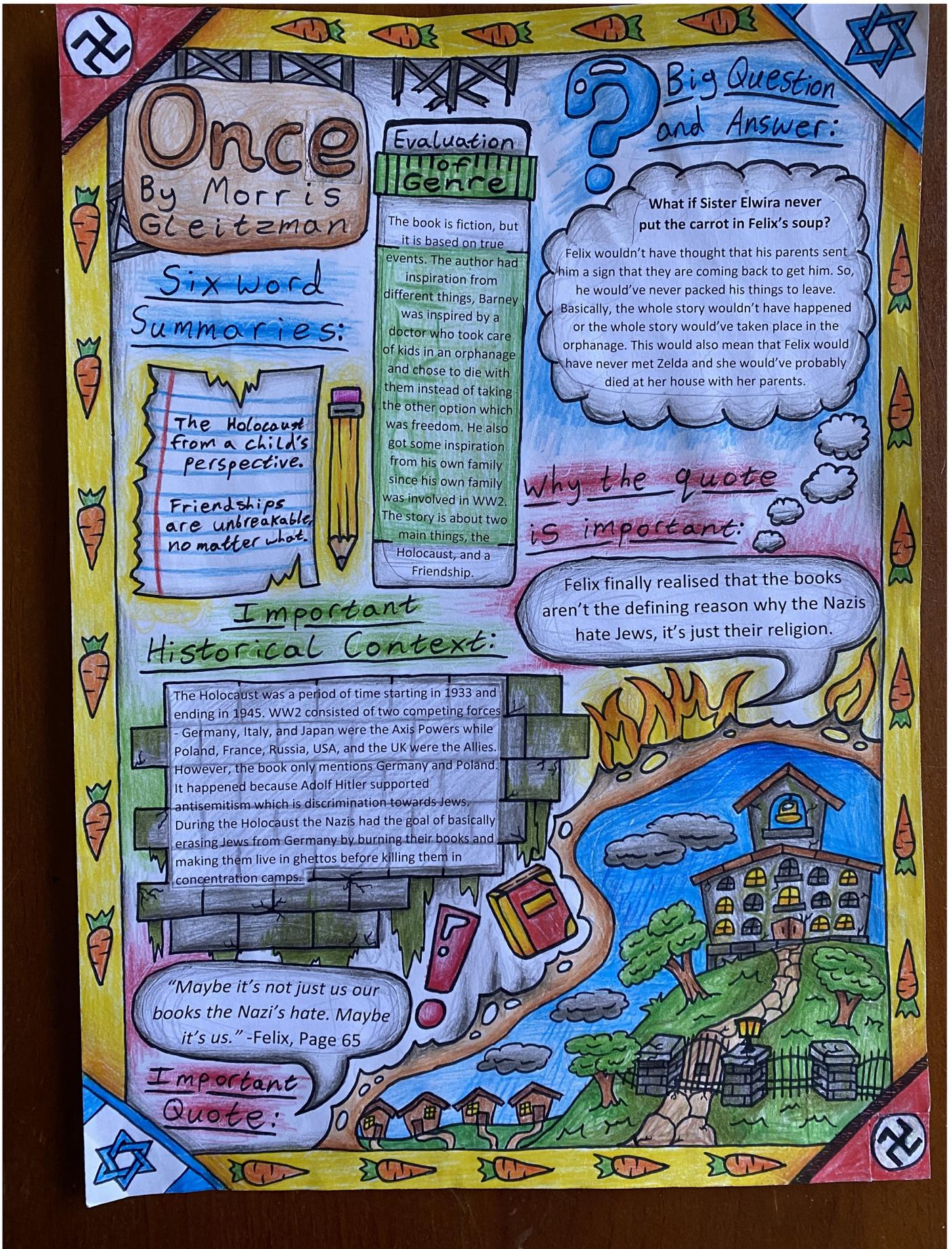
Luke Cotter, Leader of Wellbeing

HASS Code Crackers

In HASS, the Year 8s explored the rise and fall of the Khmer Empire. Students had to work in small groups to create a series of code crackers to showcase their understanding of the topic. The groups then swapped and tried to solve each others code crackers for peer feedback!

Isabella Trudgian, Teacher





In English, the Year 8s completed a novel study on the book *Once* by Morris Gleitzman. It is the story of a young Jewish boy who is determined to escape the orphanage he lives in to save his Jewish parents from the Nazis in the occupied Poland of the Second World War.

Students completed a "one-pager" to demonstrate their understanding in a creative and abstract way. This was a challenging task where students had to draw on examples from the book whilst thinking outside the box."

Isabella Trudgian, Teacher



Knockout Netball

In Week 8 Mrs Trudgian, Miss Fenwick and Mr Hayes took a team of Year 7 and 8 girls to compete in the School Sport SA Knockout Netball Competition. The team travelled to Karoonda to compete in the first round of the competition.

The team versed St Joseph's Murray Bridge, Unity, Murray Bridge and Mannum High Schools. The girls came out strong and won the first game against St Joe's MB 32-4. Unfortunately the girls lost the next three games, so did not progress to the next round.

The girls played well as a team, and put effort into the trainings leading up to the competition. The team's performance was an improvement from last year, so Mrs Trudgian is looking forward to how Netball will evolve and grow here at SFOAC!

Isabella Trudgian



9 Aside Football

Earlier this week our College completed in the Riverland 9-a-side football carnival in Renmark held at the Renmark Oval. We had a great representation with 39 students participating from Year 7-9!

Congratulations to Via and Tyler on winning the Good Sports Awards for our College!

Thank you to Mr Sampson, Mr Prokopec, Mrs Turnbull and Miss Gibbons for their support.



Year 7 Rowing Videos

Year 7 Rowing Video - [click here](#)

Year 7 Rowing Video - [click here](#)

Year 7 Rowing Video - [click here](#)

Relay for Life



#RelayForLife

St Francis of Assisi College
Laudato Si

**We are
Relay
For Life**

Celebrate.
Remember.
Fight Back.

RELAY FOR LIFE
Cancer Council

This year 43 students from St Francis of Assisi College will be participating in Relay for Life!

Our students have a goal to try and raise \$8,000 and would love your support.

Through your support of this event we are getting closer to a cancer free future every minute, every hour, every day.

Your fundraising ensures that Cancer Council SA continues:

- Support Services:** Cancer Council supports all Australians impacted by cancer.
- Advocacy:** Cancer Council works with the community to change laws and policies to reduce cancer risks and improve cancer care.
- Research:** Cancer Council conducts and funds world-class research to reduce the impact of cancer.
- Prevention:** Cancer Council empowers all Australians to reduce their cancer risk.

Students will be broken into house groups: Ignis, Terra, Aqua and Ventus. This will create a in-house competition and give all students more time on the track doing laps.

More information about upcoming fundraising events and student registration will be shared soon.
Please email: amber.burgess@assisi.catholic.edu.au if you have any further questions.

Students and staff are well underway in their preparation for this year's Relay for Life. The event is in October and due to a large number of student interest we have decided to participate in our house teams. We have also been working closely with Dean from Cancer Council SA who has provided our students with an information session and we greatly appreciate his support to staff involved with planning. Our first fundraiser was held on 17 June at Mitre 10 cooking up sausages. We raised over \$300 and Mitre 10 donated a wheelbarrow full of goods. Everything we needed for the Sausage Sizzle was donated by wonderful community organisations: Warburton Meats, Woolworths and the Paringa Bakery. We have plans for an upcoming quiz night with raffle, a school-wide PJ day and students are also encouraged to fundraise independently with their friends and family.

Amber Burgess, Teacher

College Features on Front of National Catalogue

LW REID™

For one and all.

FREE DELIVERY
AUSTRALIA WIDE



2023/2024 UNIFORM CATALOGUE



I'm new →

P102

- POLOS
- T-SHIRTS
- SHIRTS & BLOUSES
- DRESSES
- JACKETS & JUMPERS
- TRACKPANTS
- PANTS
- SHORTS
- SKIRTS & SKORTS
- TEAMWEAR
- BAGS
- HATS
- ACCESSORIES



www.lwreid.com.au



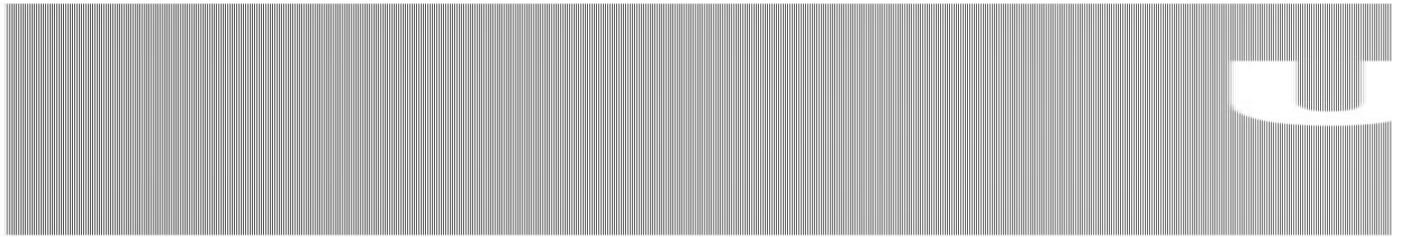
1300 LW REID



care@lwreid.com.au

Our College was very 'chuffed' when our uniform was selected as the front page feature for Trutex's Glossy National Catalogue!!

The catalogue included a one page information sheet on the College, the background to the uniform design and the partnership with Trutex.



Pharmacy

- ✓ Friendly and welcoming
- ✓ On the job training
- ✓ School student
- ✓ Casual opportunity

About the Role:

Our team at United Pharmacy Assistant under direct supervision

You will work across register. You will thrive shopping experience

In your role as a Pharmacy

- Provide an excellent
- Finalise sales and
- Acknowledge customer needs

About You:

- Previous retail/healthcare
- Positive, bubbly and
- Thrive in a team
- Can build strong
- Available to work and weekends.

Benefits

- Personal development
- Supportive team
- Plenty of variety
- Employee discount



United Chemists Renmark are recruiting for two junior pharmacy assistant positions available to start immediately.

We are seeking applicants from 14 yrs with a positive and friendly and mature outlook to join our team.

The role will include customer service, stock maintenance and general housekeeping duties.

Industry training will be provided.

The role includes after school and will include weekend shifts averaging approx. 12 hours or 2-3 shifts per week.

INFORMATION FOR CUSTOMERS

Australian Government Mobile Service Centre



Serving Regional Australia

Visit the Mobile Service Centre to find out about Australian Government payments and services for rural families, older Australians, students, job seekers, people with disability, carers, farmers and self-employed people.

Information about Department of Veterans' Affairs programs and support services for veterans and their families will also be available.

Staff can provide you with information and support. They can also help you create a myGov account. myGov is a simple and secure way to access government services online.

Monday, 26 June 2023

9 am to 4 pm

RENMARK

For more information, go to servicesaustralia.gov.au/mobileoffice



**Services
Australia**

servicesaustralia.gov.au/mobileoffice

INFORMATION FOR C

Australian Mobile

If you live in a r
access governm
access these se

Mobile Service Centres
rural and regional Austr
affected areas to provid
staff from Services Aus
Service Centres and car
Medicare payments and
Centres also have disab

Information about Depa
programs and support s
families will also be ava
Wi-Fi is available for vis
Centre and staff will be
myGov account. myGov
access government ser

Our staff will provide yo
service, information and
representatives from otl
travel with the Mobile S

More inform

To view the latest itin
Government Mobile S
servicesaustralia.gov

The stopping location
are promoted in each
before each visit.



Australian Government

Australian Government Mobile Service Centre



Serving Regional Australia

Visit the Mobile Service Centre to find out about Australian Government payments and services for rural families, older Australians, students, job seekers, people with disability, carers, farmers and self-employed people.

Information about Department of Veterans' Affairs programs and support services for veterans and their families will also be available.

Staff can provide you with information and support. They can also help you create a myGov account. myGov is a simple and secure way to access government services online.

Monday, 26 June 2023

9 am to 4 pm

REMARK

For more information, go to servicesaustralia.gov.au/mobileoffice



Australian Government Mobile Service Centres



If you live in a rural area, you may need to travel greater distances to access government payments and services. To make it easier for you to access these services, we're bringing them to you and your community.

Mobile Service Centres travel extensively throughout rural and regional Australia and also to disaster affected areas to provide help and support.

Staff from Services Australia travel with the Mobile Service Centres and can help you with Centrelink and Medicare payments and services. Our Mobile Service Centres also have disabled access.

Information about Department of Veterans' Affairs programs and support services for veterans and their families will also be available.

Wi-Fi is available for visitors to the Mobile Service Centre and staff will be able to help you create a myGov account. myGov is a simple and secure way to access government services online.

Our staff will provide you with friendly face-to-face service, information and support. From time to time, representatives from other government agencies also travel with the Mobile Service Centres.

More information

To view the latest itineraries for the Australian Government Mobile Service Centres, visit servicesaustralia.gov.au/mobileoffice

The stopping locations for Mobile Service Centres are promoted in each town and on social media before each visit.

Information and help you can access on board the Mobile Service Centres

We provide information, help and support to rural and regional communities, including:

- families
- older Australians
- students
- job seekers
- people with disability
- carers
- farmers
- self-employed people.

We can assist you with:

- registering and using the agency's online services
- new claims for Centrelink payments
- updating and confirming Centrelink and Medicare information
- information on how financial matters may impact on payments
- assistance with payment and service options
- rural payment entitlements for eligible farmers
- non-cash Medicare transactions
- enrolling for and issuing new Medicare cards
- updating and re-issuing Medicare cards

College Uniform Update

Yates Menswear supply our College uniforms directly to families. Jenny, from Yates, has let us know they have the following knitwear and softshell jackets available:

Softshell jackets sizes: 10, 12,14,16, XS, S, M and L

Rugby knit jumper sizes: XS, S,M,L,XL and XXL

Knit jumper sizes: 12, 16, 18, 20 and 22

A number of other winter uniform items are due for delivery to Yates in two - three weeks time.



Renmark Paringa
Council

Youth Sponsorship



ARE YOU:

- An individual aged 24 years and under and live in the Renmark Paringa area?
- Participating in events representing the District, State or the Country within South Australia, Australia or internationally, for example sport and recreation, the arts eg visual, creative, performing, music, dance; debating; youth leadership eg youth parliament, youth forums; community, culture and heritage; First Nations; environmental; technology and innovation; events or workshops that develop personal or professional skills and experience; leadership programs or conferences or something else?
- Looking for funding to help you attend your event?

Renmark Paringa Council offers youth sponsorship funding to assist youth attend these type of events. All you need to do is complete the application form and submit to Council to be reviewed and assessed.

Download the application form at

www.renmarkparinga.sa.gov.au/community/grants/youthgrants

Contact Emma Warner or Laura John for more information - 8580 3000 or grants@renmarkparinga.sa.gov.au



Mental health support for children and young people impacted by the River Murray flood

Families living in the River Murray flood affected areas, who have a child or young person experiencing severe and/or complex mental health concerns, are encouraged to contact their GP or other Health Practitioner.

They will help direct you to the most appropriate service for your child. Where that is the Child Adolescent Mental Health Service (CAMHS), please call 1300 222 647 during office hours.

CAMHS offers appointments through its Berri and Murray Bridge offices, outreach locations and telehealth.



For any urgent injuries, illnesses or mental health, contact the Child and Adolescent Virtual Urgent Care Service, 7 days a week, from 9am to 9pm.

For more information visit wchn.sa.gov.au/camhs



Government of South Australia

Women's and Children's
Health Network

