

Important Dates

SA Schools Adelaide Athletics Carnival

Wednesday 12 April 2023

Early Finish -2:15pm Last Day of Term 1

Friday 14 April 2023

Rowing Regatta -Masters and Grade Regatta at West Lakes

Saturday 15 April 2023

First Day of Term 2

Monday 1 May 2023

Parish and College Mass

Wednesday 3 May 2023

State Mountain Bike Challenge Championship

Friday 12 May 2023

Yr 7 & 8 Vaccinations

Tuesday 16 May 2023

Yr 7 & 8 Vaccination (catch up vaccination clinic only)

Thursday 25 May 2023

REMEMBER If you are reading this newsletter from your email don't forget to click 'read more' to expand your view and access all of our feature photos!

Acknowledgement of Country

We acknowledge that we meet today on Meru Country, and recognise the Erawirung and Ngintait peoples as the Traditional Custodians of this land. We recognise their continuing connection to the earth and waters, and thank them for protecting this land and its ecosystems since time immemorial. We pay our respects to Elders past, present, and emerging and extend that respect to all First Nation peoples present here today.



From the Principal

Holy Week - A Celebration of Life and Love

Last weekend we celebrated Palm Sunday, the Passion of the Lord and the beginning of Holy Week.

The three day period of observance made up Holy Thursday, Good Friday and Holy Saturday is known as The Easter Triduum and begins with the Mass of the Lord's Supper on Holy Thursday. We remember the night before his suffering and death when Jesus gathered to celebrate the Passover Meal with his apostles.

The Stations of the Cross on Good Friday are celebrated in our churches across the Our Lady of the River Parish. We are reminded that Good Friday is a day of both abstinence (refraining from eating meat) and fasting (eating less food).

At our Masses on Easter Sunday, we renew our Baptisms and are blessed with the Easter water before receiving Holy Communion.

Easter Weekend times:

Holy Thursday

Berri 7.00pm Loxton 7.00pm

Good Friday: Stations of the Cross

Barmera 3.00pm Berri 9.00am Renmark 3.00pm

Easter Sunday

Barmera 11.00am Berri 9.00am Loxton 6.00pm Renmark 11.00am

Stations of the Cross

The Stations of the Cross are a beautiful, traditional practice for Roman Catholics to take part in during the Lenten Season. We recall and meditate on the events of the Passion of Christ and are reminded of all that Jesus endured for our redemption, and how deeply he loves us.

Our students participated in a live recount of the Stations of the Cross after lunch on Holy Thursday as the last thing we did a school together before heading into the Easter Weekend.

2024 Enrolment of Students

I am very pleased to see that the College is experiencing significant demand in relation to enrolments. Current projections indicate our two year 7 classes will fill to capacity and parents planning to enrol their child are encouraged to do as soon as possible. To assist with our medium and long-term planning I encourage parents to lodge an enrolment form with the school as soon as they have decided to enrol their child at the school.

Should you wish to discuss this further please contact our College Registrar, Claire Smith (phone 8595 4500, or email claire.smith@assisi.catholic.edu.au).

St Francis of Assisi College - Stage 2 Build Program

Works have now started on the Stage 2 build program at the College, the initial scope includes:

Year 10 -12 Building

Two senior science laboratories

Technology Centre - metal machinery fit-out

Kitchen Garden

During term 2 there will be a range of opportunities for parents and families to see and hear more about the development.

Nathan Hayes, Principal

Leader of Learning



Leaders of Learning Workshop

On Monday 27th of March, the College hosted Leaders of Learning from across the Riverland Catholic Schools for a Leader of Learning Workshop on Assessment Task Design. From our Conference room the group was able to video link with Leaders of Learning from Catholic schools across South Australia, proving to be an excellent way of connecting, both face to face and virtually.

This workshop focused on the purpose of assessment and types of assessment. As a College, we are committed to supporting our teachers to becoming assessment literate and understanding the importance of ongoing assessment to inform teaching and learning. This will ensure students achieve the best possible learning outcomes and are able to regularly receive feedback, self-reflect and set goals for their learning.

Parent/Home Group Teacher/Student Conversations

Thank you to those families who attended this term's parent/teacher/student conversations. We greatly value these conversations as it builds a strong relationship between families and teachers. These relationships allow parents and teachers to work together to best support the child's learning and development. We also appreciated the involvement of students in the conferences, as they are at the center of what we do, therefore it is important for them to communicate and listen to their learning achievements. If you were not able to attend the interviews, but would still like to meet with a teacher, please contact the school on 8595 4500.

Natalie Meuret, Leader of Learning

College Community Wellbeing



Easter Egg Hunt

Cleo and Imogen (Year 9 – Ignis) organised an Easter Egg Hunt today for the whole school to join in on! This was done as part of their Religious Studies lessons and an excellent example of building community spirit and culture. The students were very excited this morning hearing about the hunt and finding eggs in between classes!



SLC Bake Sale

The Bake Sale was a resounding success on Wednesday! We managed to raise nearly \$200 for Project Compassion. Thank you to the Student Leadership Council and their families for the donated baked goods and to the SLC students for manning the canteen!

And lastly, congratulations to the winners of the Guess the Jar Competition!

Jar	Actual Amount	Winning Guess	Winning Entrant
Skittles	265g	265g	Henry Dring
Sultanas	283g	300g	Mrs Burgess
Sour Patch Kids	400g	400g	Mrs Burgess
Snakes	60 total	55	Alexander Foley-Jennings
Freckles	97 total	68	Mitchell Walker



Expressions of Interest - Laudato Si' Action Group



Laudato Si' Action Group

If any students are interested in joining the Laudato Si' Action Group, please complete this form using the QR code above, or click here

Laudato Si' Action Group			
Bookmark Creek	Peer Support		
Inclusion and Diversity	Arts Development		
Student Clubs	Community Outreach		

Wellbeing Article

Exploring Depression

Tony Attwood and Michelle Garnett are internationally recognised experts in autism and have a combine experience of over 70 years as clinical psychologists, authors, researchers and consultants.

In this weeks resource, you can access free audio recordings from Tony and Michelle who lead through some awareness and relaxation activities to assist with self-regulation. A valuable resource for not only families who live with autism but also for anyone wishing to find

some time to relax and be more in tune with their emotions and body.

Depression is common among people with autism spectrum disorder (ASD) and has particular features and causes.

Below are a variety of free audio recordings to accompany the highly regarded book and resource on depression, Exploring Depression, and Beating the Blues.

Read & Listen Here

"Integrity is doing the right thing even when no one is watching."

- C.S. Lewis

Have a wonderful easter break!

Luke Cotter, Leader of Wellbeing

Parish and College Mass

The whole school and members of the Parish came together on Wednesday to celebrate Holy Week Mass. Fr Hau brought in palms from Palm Sunday and handed them out to all the students and blessed them. Thank you to Class 9A for hosting the Mass!



Catholic Co-Educational Athletics Carnival - U/14 Placed Second

Congratulations to our whole team and particularly to our under 14 athletics competitors who finished overall second in Pool B (250.5 points) of the Catholic Co-Educational Athletics Carnival. A mere 2.5 points behind Xavier College!

This is a mamoth achievement given the newest and size of our College, competing against long established metro and regional based schools across South Australia. And it follows up a great under 13 performance of last year when we won the shield.



Mountain Bike Trial

Students enthusiastically participated in 30 minute trial on the College mountain bike track on Wednesday. Congratulations to all the riders and a big thanks to the volunteers who helped keep riders safe. What an awesome event and we super proud of the sportsmanship shown by everyone!

Overall winners covered a distance of 9.5km at an average of 18kph through some heavy traffic and soft corners. Selection have now been finalised for the State Mountain Bike Challenge on Friday 12 May 2023.

Thank you to event sponsors **ALVANOS EARTHMOVING**

RESULTS

Year 9

1st. Ryan Prokopec

2nd. Blake Francis

3rd. Ethan Thomas

Year 8

1st. Harry Pfeiffer 2nd. Armaan Kahira 3rd. Max Cozens

Year 7

1st. Jenson Sheene 2nd. Lewis Brown 3rd. Seb Coote

Overall Winners

1st. Jenson Sheene 2nd. Harry Pfeiffer 3rd. Ryan Prokopec 4th. Louis Brown



Congratulations - Sophie Robertson



Recently Sophie came to the aid of a teacher from St Joseph's Renmark, who had been bitten by a snake near the Renmark Rowing Club, where Sophie had been attending rowing training.

Sophie was formally recognised during an St Joseph's School Assembly with a Champion Citizenship Award.

Sophie Robertson

Awarded for her extreme bravery and competency when

administering first aid for a snake bite.

She showed great care whilst supporting and reassuring the causality.

Her ability to provide this level of care is truly exceptional and real credit to her,

she should feel very proud. We feel very honoured and thankful for her

service to our community.

Congratulations - Miss Newman



Our fantastic receptionist Annika has completed Certificate III in Business. She undertook her studies through Sports Ready Education and Employment while she gained on the job experience.

Rowing Program Update



This week our Rowing Program students took part in their final ergo testing for the season. Nine out of the twelve students pushed themselves through the 1km race yesterday, with the final three to be completed next week. We undertook the test by connecting all the machines, simulating a race environment. See short video of their ergo testing **HERE**

This test is a great indicator of all the hard training this group have committed themselves to over the past few months. All nine produced outstanding results, smashing their PB's! This really demonstrates their growth in fitness, strength, understanding of how to row hard and efficiently, but most importantly how to push themselves to achieve great things!

2:15pm Finish Last Day of Term - Friday 14 May





ENROLMENTS OPEN FOR 2024

We anticipate our Year 7 enrolment capacity will fill quickly for 2024! To ensure your child's position at the College, please contact Claire Smith on 85954500 or claire.smith@assisi.catholic.edu.au

Enrolments can be made for students in Years 8, 9 and 10!

Students currently attending the College do not need to re-enrol.

Twentyfirst Street Road Closure

Renmark Paringa Council advise that Twentyfirst Street remains closed to the public as the bridge is not safe to be re-opened.

For safety reasons Council has taken measures to prohibit access and are requesting the public find alternate routes to school during the closure.

RYT April School Holiday Program

RVERLAND BOOKINGS:

YOU PERFORM!

OBSESSION PARTY AT MALLEE FOWL!

You know that thing that makes you light up? Lego or HPC University or a TV show that's been off the air for 25 years? Here is your chance to tell everyone about it. Learn what makes our weird and wonderful brains glow and celebrate obsession.

Oh and THERE'S A TWIST: some participants will have workshopped their presentations with guest artist Mary Angely during the afternoon and some will be handed a slide show they have never seen before and present on something they know NOTHING ABOUT!

Berri Town Hall, Workshop, April 20, 1pm-5pm

Mallee Fowl Restaurant, April 20, 7pm Book via Mallee Fowl: 0439 340 664







FREE

FREE

MUSICAL CABARET

Join us for a musical night by talented local performers. This is the brainchild of Year 11 student, Elise Lambert. Elise is inviting the community to come together to create a night of fun where performers of all ages (yes, that includes you, grownups) can share their musical talent.

Rehearsals Thursday April 27 Performance Friday April 28 at 7pm Renmark Institute

HOME TURF: POP UP PROJECTION

Come and learn more about the art of projection mapping and see artwork by local young people (and you!) projected BIG. Riverland projection artist Nic Tubb will be on hand to answer questions, brainstorm ideas and help see a blank wall in a new way.

Blanchetown, April 17, 6pm Pinnaroo, April 18, 6pm Lameroo, April 19, 6pm Waikerie, April 20, 6pm Morgan, April 21, 7pm



PERFORMANCES

RYT.ORG.AU/APRIL-HOLIDAYS

GRIEF LIGHTNING: A SATIRE IN 78 SLIDES



Reviews for Grief Lightning

"A captivating hour that reflects commitment to fandom culture in comedic glory." ★★★★ - On The Record

"Every now and again, a show tumbles out ... as the start of something much, much bigger. This is one of those shows." $\star\star\star\star\star$ - Stage Whispers

Part-theatre, part-standup, part-PowerPoint Presentation. One lecturer desperately tries to prove a popular Grease fan theory: that Sandy drowns in the opening beach sequence and the rest of the film is her coma fantasy.

Renmark Institute, April 21, 8pm For ages 16+







BEHIND THE SCENES WITH GUTHRAK

Join us for a work in progress showing and chat about the making of Guthrak! Guthrak is an interactive theatrical experience for ages 12+ inspired by the tabletop game Dungeons and Dragons. Guthrak combines live music, interactive storytelling, a luscious hand-crafted tabletop map and gameplay mechanics to question what it takes to heal our hurts and remake the future.

Morgan Sporting Complex, April 21, 6pm **Renmark** Institute, April 22, 6pm









Government of South Australia

Arts South Australia





Pistrict 9510
https://rypen9510.org/



Applications for the Rotary Youth Program of Enrichment (RYPEN) are now open!







Renmark

9am to 3pm

Thursday, 27 April

More Information

Tuesday, 18 April

9am to 3pm

Berri

james.wallace@footballsa.com.au

Loxton

9am to 3pm

Wednesday, 26 April



G1 Youth is Riverland Central Church's NEW Youth Ministry

G1 Zouth

Term 1 Dates

PLEASE NOTE: We will be meeting at 11 Mortimer Road, Berri fortnightly from 7pm with pick up between 8:45–9:00pm (unless otherwise specified)

Week 4- 25th Feb Youth Service

Week 6- 10th March Launch Party

Week 8- 24th March Connect Groups

Week 10-6th April Thursday Easter Service

Week 11- 14th April Quiz Night

RIVERLAND CENTRAL
C H U R C H

A safe, fun, engaging Christian Youth Group.

For more details contact the Riverland Central Church Office on: 0478243685 or message through our FB, Insta pages. Or parents can turn up on the night to register your young person(Emilie Menadue G1 Youth Leader).

RIVERLAND CENTRAL CHURCH, 11 Mortimer Road, Berri SA 5343



Mental health support for children and young people impacted by the River Murray flood

Families living in the River Murray flood affected areas, who have a child or young person experiencing severe and/or complex mental health concerns, are encouraged to contact their GP or other Health Practitioner.

They will help direct you to the most appropriate service for your child. Where that is the Child Adolescent Mental Health Service (CAMHS), please call 1300 222 647 during office hours.

CAMHS offers appointments through its Berri and Murray Bridge offices, outreach locations and telehealth.



回緣織回 For any urgent injuries, illnesses or mental health, contact the Child and Adolescent Virtual Urgent Care Service, 7 days a week, from 9am to 9pm.

For more information visit wchn.sa.gov.au/camhs



SYMPTOMS OF MURRAY VALLEY ENCEPHALITIS VIRUS

- fever
- drowsiness (excessive sleepiness)
- confusion
- headache
- neck stiffness
- nausea and vomiting
- tremors
- · seizures (fits)
- additionally in infants, irritability and floppiness.



Information about Murray Valley Encephalitis virus (MVEv) can be found here and at You've Got What.



Mosquito bites can cause serious diseases that can make you very sick.

Do these things to prevent mosquito bites:



Wear long, loose-fitting, light-coloured clothing.



Use an insect repellent containing the chemical DEET, Picaridin or Oil of Lemon Eucalyptus (PMD).



Remove water around your house to stop mosquitoes breeding.

FOR MORE INFORMATION, VISIT WWW.SAHEALTH.SA.GOV.AU/FIGHTTHEBITE

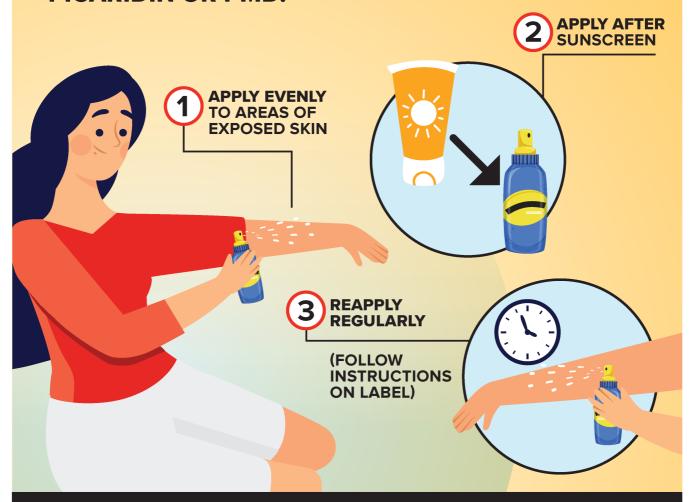




HOW TO CORRECTLY APPLY MOZZIE REPELLENT



FOR THE BEST PROTECTION, USE A REPELLENT CONTAINING EITHER DEET, PICARIDIN OR PMD.





FOR MORE INFORMATION, VISIT WWW.SAHEALTH.SA.GOV.AU/FIGHTTHEBITE

